



DEVELOPMENT SQUAD



The Bayswater Paddlesports Club Development Squad trains and supports paddlers & athletes aspiring to further their competitive career in sprint, marathon, whitewater, and ocean paddling.

The squad has three training sessions per week throughout the year – Monday & Tuesday mornings and Friday Afternoons. Squad members are exposed to a variety of seasonal conditions and elite training programs/sessions. From gym circuits to on-water sessions the squad trains through a rigorous program particularly leading up to the sprint/marathons seasons (October onwards) peaking at the National Championships in March.

Squad members must be a member of Bayswater Paddlesports Club and can enter the Development squad after progressing through the club's River Rookies squad or through other kayak or Surf Lifesaving clubs. Ideally starting with the squad aged 13-15 athletes can continue into their 80s.

The squad currently consists of athletes who have competed on an international stage for Australia, sharing their experiences with younger paddlers at the club as part of the Bayswater Paddlesports Club culture.

You are welcome to come to a squad session for free to see if it meet your ambitions.

Coach

Andrew Crothers endeavors to create the best possible paddler out of each athlete in the squad.

Fees

Bayswater Paddlesports Club Membership

Annual Membership fees are from 1 October to 30 September and are paid online through the BPC webpage. <https://bayswater.canoe.org.au/membership-renewals-now-due/>

Training Fees are paid directly to the Coach

Number of Session per Week	Monthly Fee
1	\$30.00
2 or 3	\$90.00

Andrew is also available for individual sessions for either kayaks or skis for a fee.

For more information on the Development Squad please contact the Coach, Andrew Crothers andrewcrothers13@hotmail.com