



Bayswater Paddlesports Club Inc



Training Timetable

Group/Day	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
WAIS Squad			6.00am to 7.15am			6.00am to 8.00am	
WASPS Squad			4.00pm to 6.00pm			6.00am to 8.00am	
Development Squad	6.00am to 7.15am	6.00am to 7.15am			6.00am to 7.15am	6.00am to 8.00am	
River Rookies		4.30pm to 5.30pm				8.30am to 9.30am	
Social Paddlers	5.45am to 6.45am	5.45am to 6.45am			5.45am to 7.45am	5.45am to 7.45am	

Subject to Change

Correct at time of publication